



BURHAM CE PRIMARY SCHOOL
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'Let your light 'shine' before others that they may see your good works.' Matthew 5 v 16
Success – Happiness – Independence - New experiences - Engagement

NUT-FREE SCHOOL

22.1.25

Dear Parents/Carers,

At Burham CE Primary School we strive to provide a safe learning environment for all children. Due to some of our pupils suffering with life threatening nut allergies, we intend to become a **NUT-FREE SCHOOL, with immediate effect.**

An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air. Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk to these children by:

- a) Avoiding giving children nuts or nut products in their packed lunches (for example Nutella)
- b) Avoiding giving nuts or nut products or snacks/bars containing nuts for break time snacks
- c) Avoiding supplying the school with cakes or food items containing nuts for birthday celebrations, sales or events
- d) Avoiding sending containers such as cereal boxes for DT / Art lessons into school which may have contained produce made with nuts.

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school.

Please note where a member of staff notices a pupil eating a nut product, the food item will be politely removed and the member of staff will explain to the pupil why this has happened. We will inform the relevant parent/carer if this has occurred.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to these children. I realise this is a significant change but it has been introduced due to specific allergies of some pupils and as a school we must take reasonable steps to keep all of our pupils safe.

We thank you in advance for your co-operation and support regarding this matter. If you have any questions or concerns, please feel free to contact the school.

Yours sincerely,

Mrs Goddon
Headteacher